

# SUMMER BALLERS CLINICS

**9 WEEK SESSION**  
**\$171/CLASS**



**ALL CLASSES RUN**  
**ON SATURDAY**  
**MORNINGS**

**May 30<sup>th</sup> - August 1<sup>st</sup>**  
**No Class July 4<sup>th</sup>**

**PARENT/CHILD**  
AGES 3-6

9:00 AM  
11:00 AM

**RED LEVEL**  
AGES 5-6

9:00 AM  
10:00 AM  
11:00 AM

**GREEN LEVEL**  
AGES 7-10

9:00 AM  
10:00 AM  
11:00 AM

**BLUE LEVEL**  
AGES 7-10

10:00 AM

**SILVER LEVEL**  
AGES 8-11

11:00 AM

**GOLD LEVEL**  
AGES 10-14

9:00 AM  
10:00 AM

**ANNUAL HV membership required to join**

**\$30 for A single membership**

**\$55 for a family membership**



**For More Information: Call (734) 487-7678**



**46245 MICHIGAN AVE, CANTON, MI 48188**

**TO REGISTER, VISIT HVSPORTS.COM OR CALL US AT (734)487-7678**

# LEVEL DESCRIPTIONS



**ALL CLASSES RUN ON SATURDAY MORNINGS**

## **PARENT/CHILD INTRODUCTORY**

DESIGNED TO CAPTURE AND KEEP THE ATTENTION SPAN OF YOUNGER PARTICIPANTS, THE FOCUS OF THIS CLINIC IS TO DEVELOP HAND/EYE COORDINATION IN A COMFORTABLE ENVIRONMENT. BUILDING AND DEVELOPING TRUST OVER THE COURSE OF THE SESSION, PARTICIPANTS WILL BEGIN TO BUILD A SOLID FOUNDATION FOR THE GAME.

## **RED LEVEL INTRODUCTORY**

PARTICIPANTS WILL BEGIN WORKING ON BECOMING BALL COMFORTABLE AND LEARNING THE GAME BASICS OF BASKETBALL. A GENERAL UNDERSTANDING OF WHAT HAPPENS ON THE COURT AND AN OVERVIEW OF RULE DESCRIPTIONS ARE TAUGHT OVER THE COURSE OF THE SESSION.

## **GREEN LEVEL INTRODUCTORY**

TEACHERS WILL WORK TO LAY THE FOUNDATION OF SHOOTING MECHANICS, FOOTWORK, AND BALL HANDLING IN THIS CLINIC. PARTICIPANTS WILL GAIN AN UNDERSTANDING OF THE RULES OF THE GAME AND IN ADDITION, A FOUNDING KNOWLEDGE FOR WHAT HAPPENS ON THE COURT

## **BLUE LEVEL INTERMEDIATE**

OUR BLUE LEVEL CLINIC IS A CONTINUATION AND PROGRESSION OF THE KNOWLEDGE GAINED IN THE GREEN LEVELS. WITH THE ADDITION OF GAMELIKE SITUATIONS AND SPEED, PARTICIPANTS IN THIS LEVEL CAN EXPECT TO CHALLENGE THEMSELVES AS THEY ADVANCE THROUGH THE SESSION.

## **SILVER LEVEL ADVANCED**

AT THIS ELEVATED LEVEL, PARTICIPANTS ARE TAUGHT TO IDENTIFY THE WHY, WHEN, HOW AND WHAT OF BASKETBALL MECHANICS; ULTIMATELY, IMPLEMENTING THEM INTO GAME SITUATIONS. PARTICIPANTS CAN EXPECT TO CHALLENGE THEMSELVES WHILE WORKING TO USE THEIR MENTAL KNOWLEDGE OF THE GAME ON THE COURT.

## **GOLD LEVEL ADVANCED**

THE HIGHEST LEVEL OF THE PROGRAM WILL CHALLENGE PLAYERS TO IMPLEMENT WITH HIGH EFFICIENCY, ALL ASPECTS OF THE PREVIOUS LEVELS AT GAME SPEED. THIS PERFORMANCE FOCUSED CLINIC WILL CATER TO ATHLETES WITH PREVIOUS OR CURRENT EXPERIENCE ON TRAVEL BASKETBALL TEAMS.



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