BALLERS CLINICS

REGISTER AT ANY TIME!

HIGH VELOCITY BALLERS CLINICS

10 WEEK SESSION
$190 FOR THE SEASON

No Class 9/5

August 8th - October 17th

PARENT/CHILD
AGES 3-6

9:00 AM

11:00 AM

RED LEVEL
AGES 5-6

10:00 AM

11:00 AM

GREEN LEVEL
AGES 7-10

9:00 AM

10:00 AM

11:00 AM

BLUE LEVEL
AGES 7-10

9:00 AM

10:00 AM

SILVER LEVEL
AGES 8-11

10:00 AM

11:00 AM

GOLD LEVEL
AGES 10-14

9:00 AM

10:00 AM

ALL CLASSES RUN ON SATURDAY MORNINGS

ANNUAL HV MEMBERSHIP REQUIRED TO JOIN:

$30 FOR A SINGLE MEMBERSHIP

$55 FOR A FAMILY MEMBERSHIP

HIGHVELOCITY SPORTS

46245 MICHIGAN AVE, CANTON, MI 48188

For More Information:
Call (734) 487-7678

TO REGISTER, VISIT HVSPORTS.COM OR CALL US AT (734)487-7678

LEVEL DESCRIPTIONS

HIGH VELOCITY BALLERS CLINICS

ALL CLASSES RUN ON SATURDAY MORNINGS

PARENT/CHILD
INTRODUCTORY

DESIGNED TO CAPTURE AND KEEP THE ATTENTION SPAN OF YOUNGER PARTICIPANTS, THE FOCUS OF THIS CLINIC IS TO DEVELOP HAND/EYE COORDINATION IN A COMFORTABLE ENVIRONMENT. BUILDING AND DEVELOPING TRUST OVER THE COURSE OF THE SESSION, PARTICIPANTS WILL BEGIN TO BUILD A SOLID FOUNDATION FOR THE GAME.

RED LEVEL
INTRODUCTORY

PARTICIPANTS WILL BEGIN WORKING ON BECOMING BALL COMFORTABLE AND LEARNING THE GAME BASICS OF BASKETBALL. A GENERAL UNDERSTANDING OF WHAT HAPPENS ON THE COURT AND AN OVERVIEW OF RULE DESCRIPTIONS ARE TAUGHT OVER THE COURSE OF THE SESSION.

GREEN LEVEL
INTRODUCTORY

TEACHERS WILL WORK TO LAY THE FOUNDATION OF SHOOTING MECHANICS, FOOTWORK, AND BALL HANDLING IN THIS CLINIC. PARTICIPANTS WILL GAIN AN UNDERSTANDING OF THE RULES OF THE GAME AND IN ADDITION, A FOUNDING KNOWLEDGE FOR WHAT HAPPENS ON THE COURT

BLUE LEVEL
INTERMEDIATE

OUR BLUE LEVEL CLINIC IS A CONTINUATION AND PROGRESSION OF THE KNOWLEDGE GAINED IN THE GREEN LEVELS. WITH THE ADDITION OF GAMELIKE SITUATIONS AND SPEED, PARTICIPANTS IN THIS LEVEL CAN EXPECT TO CHALLENGE THEMSELVES AS THEY ADVANCE THROUGH THE SESSION.

SILVER LEVEL
ADVANCED

AT THIS ELEVATED LEVEL, PARTICIPANTS ARE TAUGHT TO IDENTIFY THE WHY, WHEN, HOW AND WHAT OF BASKETBALL MECHANICS; ULTIMATELY, IMPLEMENTING THEM INTO GAME SITUATIONS. PARTICIPANTS CAN EXPECT TO CHALLENGE THEMSELVES WHILE WORKING TO USE THEIR MENTAL KNOWLEDGE OF THE GAME ON THE COURT.

GOLD LEVEL
ADVANCED

THE HIGHEST LEVEL OF THE PROGRAM WILL CHALLENGE PLAYERS TO IMPLEMENT WITH HIGH EFFICIENCY, ALL ASPECTS OF THE PREVIOUS LEVELS AT GAME SPEED. THIS PERFORMANCE FOCUSED CLINIC WILL CATER TO ATHLETES WITH PREVIOUS OR CURRENT EXPERIENCE ON TRAVEL BASKETBALL TEAMS.

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